

Get well. HealthiestYou virtual care.



Virtual care from your mobile devices!

HealthiestYou – Your one-stop shop for all things virtual healthcare. All 4 services are available to all family members in your household, even those not taking medical coverage with UnitedHealthcare Level Funded. HealthiestYou may help you save time, money and avoid unnecessary in person doctor visits for non-life threatening illnesses. Doctors may prescribe medication when necessary as well.

Your virtual care services include:



General medical

Consult with a doctor 24/7 in all 50 states for minor illnesses (cold, flu, sinus infection, pink eye, UTI, allergies, etc.)



Dermatology

Communicate with a Dermatologist through the HealthiestYou app via message center for skin conditions (acne, eczema, shingles, psoriasis, etc.)



Mental Health

Connect with a psychiatrist/therapist for support for anxiety, stress, depression, family difficulties, etc. (For 18+ only)



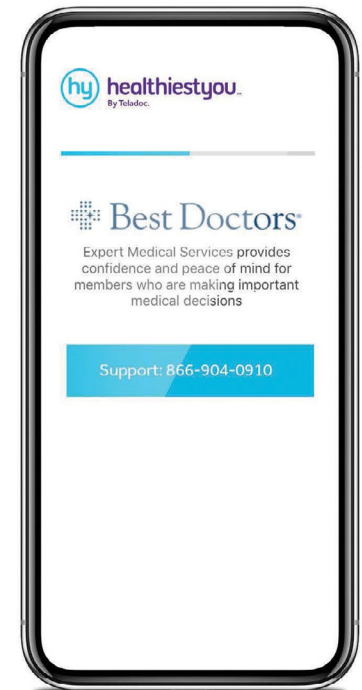
Back/neck care

Get help to relieve your back and neck pain through guided videos with a certified health coach

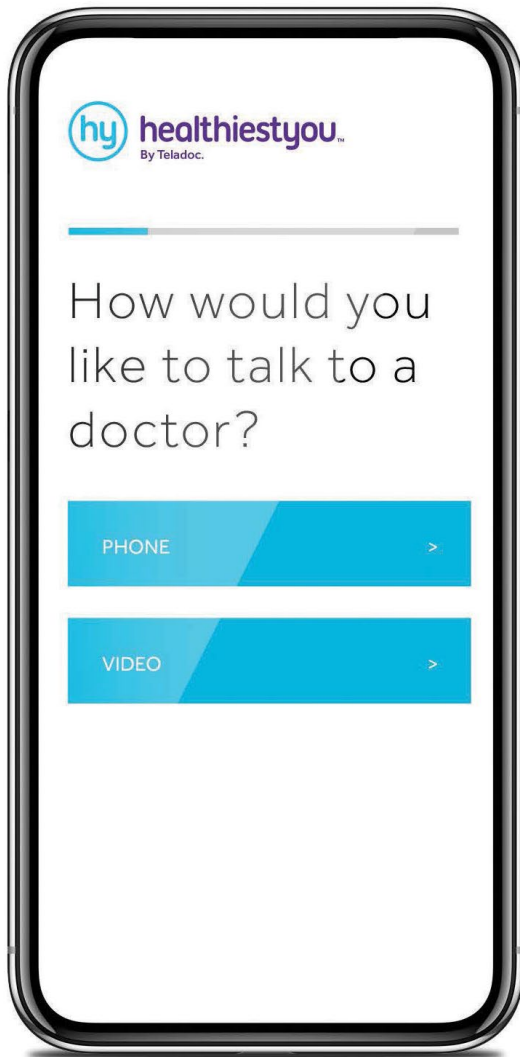
HealthiestYou Expert Medical Services

If you're dealing with a difficult diagnosis or questioning a treatment plan, you need to be sure. Have your medical case reviewed at no additional cost to you by a leading expert and get a second opinion on conditions like cancer, orthopedic problems, digestive system issues, chronic illnesses and more.

1. **Contact HealthiestYou** via app or phone
2. **Provide details** about your medical history
3. **Get results and recommendations** in a personalized report at no additional cost



1-866-703-1259



Download the app to connect to doctors by phone or video 24/7, shop the lowest cost prescriptions, and much more

1. Download the app

Search “HealthiestYou” in the app store or on Google Play

2. Set up your account

Once you’ve downloaded the app, select “Register,” then choose “Employee” as your membership type

3. Enter basic contact information

Type in your last name, date of birth, and ZIP code

4. Type in your security information

Enter a valid email address, password, the best number for our doctors to reach you, your preferred language, and accept terms and conditions

Questions about HealthiestYou virtual care?

Do you have a question on how to set up the member website? Need help downloading or using the app? We’re happy to help. Contact us using the information below.

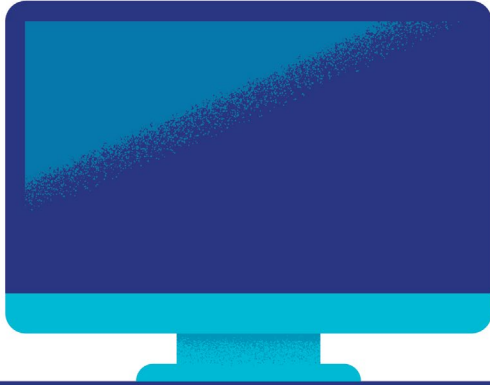


Call: 1-866-703-1259 | Send us an email at: help@healthiestyou.com

HealthiestYou.com Download the app.

Search “HealthiestYou” in the App Store® or Google Play® to download.





See a doctor 24/7 with Virtual Visits

24/7 Virtual Visits let you and your covered family members connect with a doctor whenever you want care — from anywhere. Care is at your fingertips on myuhc.com[®] or the UnitedHealthcare[®] app — and you can choose a phone or video visit.

With 24/7 Virtual Visits, doctors can diagnose a wide range of common medical conditions — and even may prescribe medications, if permitted and needed.**

Through your UnitedHealthcare Level Funded plan, your cost for a 24/7 Virtual Visit is \$0.***

Get started

Visit myuhc.com/virtualvisits or download the UnitedHealthcare app.

To register by phone, call **1-855-615-8335**.

When you request your visit, you can choose to speak to a doctor on the phone or have a video visit.



Use 24/7 Virtual Visits for common, nonemergency conditions like:

- Allergies
- Bronchitis
- Eye infections
- Flu
- Headaches/migraines
- Rashes
- Sore throats
- Stomachaches
- And more

Questions about Virtual Visits

See the 24/7 Virtual Visits FAQ on myuhc.com or call the member number on your health plan ID card

** Certain prescriptions may not be available, and other restrictions may apply.

*** The Designated Virtual Visit Provider's reduced rate for a 24/7 Virtual Visit is subject to change.

